



## **CHANGING LIVES, EVERY DAY**

Working for Nurse-Family Partnership<sup>®</sup> (NFP) is more than a job, it's a calling. Three NFP nurses — Tony Adcock, Keisha Lucas and Paula Poplin — are featured in a two-minute video highlighting their love for the mission and the positive effect they have on children and families.



Tony Adcock, RN NFP program at Care Ring, Mecklenburg County, North Carolina NFP nurse for over 3 years



Keisha Lucas, RN NFP program at Forsyth County Department of Public Health, Forsyth County, North Carolina NFP nurse for over 12 years



Paula Poplin, RN, MSN/MHA NFP program at Spartanburg Regional Health Care, Spartanburg County, South Carolina NFP nurse for 6 years

Public-private partnerships are vital to the ongoing success and growth of Nurse-Family Partnership. For a list of supporters, please go to: nursefamilypartnership.org/supporters **Tell us about your nursing background.** I received my BSN from the University of South Carolina's College of Nursing. My career spans nearly 38 years. It includes 19 years as a public health nurse at the Mecklenburg County Health Department, eight years with Mecklenburg County Mental Health at the Watkins Center providing developmental services for children and seven years at the Mecklenburg County Department of Social Services managing medical care for children.

Why did you join NFP? I have a passion for working with low-income families, especially young moms and their children. When I learned NFP was coming to Charlotte, I was so excited. I have worked with many state programs, but I love how NFP empowers mothers to confidently create a better life for their children and themselves. Helping these moms understand what self-efficacy is and how they can achieve it through their goals and dreams is awesome!

What do you like best about being an NFP nurse? Knowing I played a small part in helping these young moms and their children succeed and meet their hearts' desires. Making a measurable, long-lasting difference motivates me every day.

**Tell us about your nursing background.** I received my BSN from Winston-Salem State University and started my career at Forsyth Medical Center in the postpartum unit.

**Why did you join NFP?** When I was pregnant, a nurse came to visit me — she was so helpful. I knew one day I wanted to be a nurse home visitor and provide the same support I received. When I saw the NFP position advertised, I felt in my heart it was perfect. It was my dream to help first-time moms and their children.

What do you like best about being an NFP nurse? I feel I'm making a positive impact in my community and empowering first-time moms to reach their goals. When I visit with expectant moms, I educate them about what is happening with their bodies and coach them on having a healthy pregnancy. After the baby is born, I teach them about child development milestones and behaviors and encourage them to play and read with their babies to promote early learning.

**Tell us about your nursing background.** I earned my BSN from the University of South Carolina and have an MSN/MHA from the University of Phoenix. I've been a nurse for 24 years with extensive hospital experience – from intensive care to pediatrics and neonatal. I've also worked with hospice and health departments. I'm a nursing instructor with expertise in psychology/mental health, medical surgical nursing, pediatrics and critical care.

Why did you join NFP? I've always had a passion for working with young mothers and children.

What do you like best about being an NFP nurse? I'm so fortunate to witness the miracles I see happen through this program. It's a thrill to watch first-time moms reach their goals: finish high school, attend college, secure their first job, purchase a home. Many of my clients are single and live below the poverty line, with very little support. I visit them regularly and provide a full gamut of services. I'm by their side for these challenging and exciting years — working for NFP is the most rewarding job I've had.